

ALFRED HEALTH 2025 INTERN INFORMATION SESSION

Introduction & Session Overview

Miss Amy Tran

Recruitment Specialist,

Medical Workforce



Session Overview

- Welcome
- Why Alfred Health?
- Information around the National Framework
- Intern Experience, Wellbeing & Education
- Rotations and career pathways
- Critical Care, Surgery, Psychiatry & Medical specialties
- Application process



Stream Specific Virtual Discussion

At the conclusion of the live session, please join the virtual discussion for your preferred stream by using the link you have received. You may attend multiple sessions and the links will also be provided in the chat.

The virtual discussions we have available are:

- Surgical Stream
- Critical Care Stream
- Medical & Psychiatry Stream



Welcome

Dr Tony Kambourakis
Director Medical Services



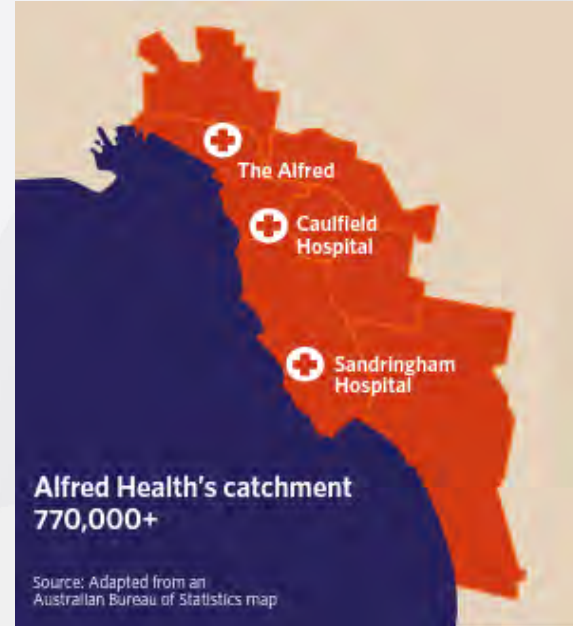
About Alfred Health

Alfred Health is one of Australia's leading healthcare services. We have a dual role:

- caring for more than 750,000 locals who live in inner-southern Melbourne and
- providing health services for Victorians experiencing the most acute and complex conditions through our 18 state wide services.

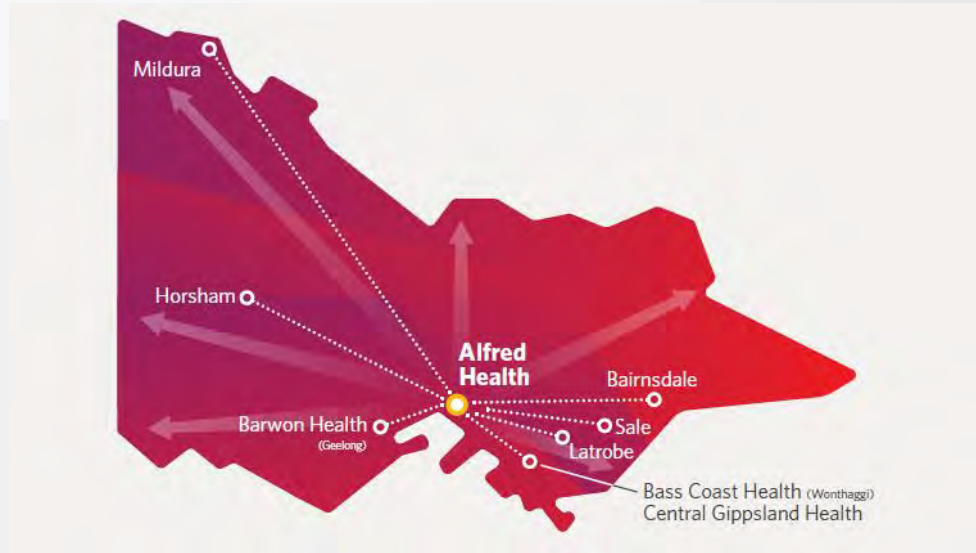
Our three hospital campuses – The Alfred, Caulfield Hospital and Sandringham Hospital – as well as numerous community-based clinics, provide lifesaving treatments, specialist and rehabilitation services through to accessible local healthcare.

We care for a wide range of people, from children to the elderly.



Our purpose

- To improve the lives of our patients and their families, our communities and humanity.



Highlights



ED presentations
2022-23

Alfred Health
inc SACC **121,419**
(2021-22: 115,784)

The Alfred **73,770**
(2021-22: 70,078)

Sandringham
inc SACC **47,649**
(2021-22: 45,706)



Employees

10,612

Specialist clinic appointments

	2021-22	2022-23
Telephone	88,849	35,684
Telehealth video	44,180	47,072
Face-to-face	132,042	200,031
Total activity	265,071	282,787



ICU patients treated

763 Regional
Victoria

248 Interstate-
overseas



Elective surgeries
performed from
waiting list

10,015



Clinical
trials open

606



ICU occupied
Bed days

18,111

Culture, education and training

Wide variety of clinical experiences

Excellent supervision and supportive culture

Many training opportunities- over 40 specialist training programs



Why Alfred Health?

Prospective Interns 2025

Dr Melissa FitzGerald

Director of Prevocational Medical Education

Specialist Physician in General Medicine



Overview

1. **Who are we?**
2. **What do we do?**
3. **What does this mean for you?**
4. **What can we do for you?**
5. **Alfred Health Myths**
6. **The new National Framework Prevocational Medical Trainees (NFPMT)**

Who are we?

- One of Australia's leading healthcare service
- Focus on the safety and wellbeing of staff and patients
- Vital component enabling us to deliver high quality patient care
- Multiple Sites



What do we do?

National Service- Paediatric Lung Transplant Service

Statewide services provide specialist care for all Victorians

1. Bariatric Service
2. Clinical Haematology Service and Haemophilia Service
3. Cystic Fibrosis Service
4. Emergency and Trauma Centre
5. Heart and Lung Transplant Service
6. Hyperbaric Medicine Service
7. Major Trauma Service
8. Malignant Haematology and Stem Cell
9. Problem Gambling and Mental Health Program
10. Psychiatric Intensive Care Service
11. Sexual Health Service
12. Specialist Rehabilitation Service
13. Victorian Adult Burns Service
14. Victorian ECMO Service
15. Victorian HIV/AIDS Service
16. Victorian Melanoma Service
17. Victorian Neuropathology Laboratory Service
18. Voluntary Assisted Dying Statewide Pharmacy Service

Clinical services

- Aged care
- Allied health and nursing services
- Cancer care (BMT, radiotherapy, oncology, haematology, melanoma, cancer surgery)
- Cardiothoracic services (heart and lung transplantation, cardiology, cardiac surgery, cardiac rehabilitation, respiratory medicine, thoracic surgery, adult cystic fibrosis)
- Emergency medicine (intensive care, burns and adult major trauma)
- Ear, nose and throat
- Gastrointestinal (gastroenterology, gastrointestinal surgery)
- General medicine
- General surgery
- Neurosciences (neurology, neurosurgery, stroke services)
- Ophthalmology
- Orthopaedics
- End of life care (Palliative care, advanced care planning, VAD)
- Pathology (anatomical, clinical biochemistry, laboratory haematology, microbiology)
- Pharmacy
- Psychiatry (adult, child, adolescent, youth, aged)
- Radiology and nuclear medicine
- Rehabilitation (ABI, amputee, cardiac, spinal, neurological, orthopaedic, burns)
- Renal services (nephrology, haemodialysis, renal transplantation)
- Specialist medicine (asthma, allergy and clinical immunology, dermatology, endocrinology/diabetes, hyperbaric, infectious diseases, rheumatology)
- Specialist surgery (dental, faciomaxillary, plastic, vascular)
- Urology

What does this mean for you?

Artificial heart to give new hope to heart failure patients

20 February 2024

heart heart failure research & innovation

A revolutionary, implantable mechanical device to be tested at The Alfred is set to provide new hope to patients with debilitating heart failure.

The Total Artificial Heart is intended to fully replace a natural heart, providing patients with a possible alternative to heart transplant, said project co-lead and Director of Cardiology at The Alfred, Prof David



Heart failure, A/Prof David Kaye, Director of Cardiology at The Alfred, Prof David Kaye and Prof David McGiffin, Director of Cardiology at The Alfred.

Accessibility

Some patients with heart failure are

High-precision radiation cuts prostate treatment time by 75 per cent

29 April 2024

cancer radiation therapy

The Alfred has become the first Victorian public hospital to offer a new form of radiation that drastically cuts treatment time for prostate cancer patients.

Stereotactic ablative radiotherapy (SABR) is a high-precision, high-dose radiation treatment usually used to treat cancer in the kidney, lungs or brain, and can now be used to treat certain prostate cancers.

Accessibility

ist Radiation Oncologist, A/Prof Wee is that for patients this means their



Melbourne dad saved by Australian-first trial

01 May 2023

hearticu patients

When 43-year-old Melbourne dad Mark Wohlers suffered a cardiac arrest last year, it was the swift emergency response and an Australian-first clinical trial that gave him a second chance at life.

The Alfred and Ambulance Victoria-led trial saw Mark placed on an advanced form of life support at the roadside – a technique commonly only offered in

Accessibility

is – to take over the function of his



Mark Wohlers with A/Prof David Kaye, Director of Cardiology at The Alfred, and A/Prof David Kaye, Director of Cardiology at The Alfred, and A/Prof David Kaye, Director of Cardiology at The Alfred.

'Heart in a box' now a proven gamechanger

21 April 2023

clinical trials heart research & innovation

Two Alfred heart experts have today declared a new method of donor heart preservation a gamechanger for heart transplantation in Australia and New Zealand.

Presenting the findings of their two year study, Prof David Kaye and Prof David McGiffin have told the International Society for Heart and Lung

Accessibility

meeting in Denver that hypothermic



Australian-first brings life-saving technology to the bedside

23 January 2023

patients research & innovation staff

A mobile CT scanner is being utilised at the bed-sides of critically ill ICU patients for the first time in Australia, allowing specialists at The Alfred to quickly identify potentially life-threatening injuries in rapid time.



First in the world melanoma trial to breakthrough barriers

24 February 2023

cancer cancer research clinical trials melanoma

A first in the world trial looking at new treatment options for patients with melanoma that has spread to the brain is set to commence at The Alfred, potentially helping patients add years to their lives.

Accessibility

The BETTER trial will investigate whether a specific immunotherapy drugs and targeted improve outcomes for patients with melanoma brain metastases, who often have a poor



What can we do for you?

1. Safe and supportive culture with a focus on your wellbeing

- *“Everyone I have worked with has been patient, generous with their time, and wants the best for their patient. I haven’t had anyone rude, and I think that’s reflective of the culture and great camaraderie at Alfred Health”*
- *“The consultants are not intimidating so you can ask questions all the time. You are very much a part of a team”*
- *“When I felt stressed I had support, when I felt confident to push myself and upskill, I could, knowing no matter what, I had help readily available”*

2. Unparalleled clinical exposure during your internship

- *“You get to experience some of the most unique areas of medicine as an intern.”*
- *“How you preference your own rotations means you actually get rotations in specialties such as lung transplant, radiology, trauma, acute psychiatry”*

What can we do for you?

3. Countless education opportunities

- *“Intern teaching is weekly, protected and paid with topics relevant, engaging and lunch is provided. They also seek our feedback to make sure it is the best it can be. In addition, there is HMO education you can attend and unit specific education. We are always strongly encouraged to attend by our team.”*

4. Professional development opportunities including leadership, communication, deteriorating patient, and family meeting workshops

- *“The communication and deteriorating patient workshops are amazing! It made life on the wards so much easier.”*

5. Amazing research opportunities in numerous areas

What can we do for you?

6. Career Progression

- Physician Program
- Prevocational Surgical Program
- Critical Care
- Psychiatry
- Other including Radiation oncology, Dermatology
- Support if unknown

“The MEU and MWF are so approachable and involved. It makes transitioning from medical student to intern so much easier, and the one on one career chats are so helpful for deciding training pathways and your career.”



Alfred Health JMS Society

Alfred Resident Doctors' Society

*“Excellent social and networking opportunities”
Current Intern 2024*

AlfredHealth

A poster for the Alfred Resident Doctors' Society (ARDS) featuring a background image of a hospital entrance at night. The text is overlaid on a red and white geometric design. The top right says 'Welcome to ARDS' in red and 'The Alfred Resident Doctors' Society' in white. A circular logo on the left contains the text 'ARDS ALFRED RESIDENT DOCTORS' SOCIETY'. Below this is a section titled 'OUR PILLARS OF ACTION' with three numbered items: 01 Advocacy & Support, 02 Education, and 03 Social Celebration. To the right is an 'ABOUT US' section. At the bottom left is a 'JOIN US' section with a QR code and contact information. At the bottom right is a 'STAY UP TO DATE' section with social media links. The footer contains contact and registration information.

Welcome to ARDS
The Alfred Resident Doctors' Society

ARDS
ALFRED RESIDENT DOCTORS' SOCIETY

OUR PILLARS OF ACTION

01 Advocacy & Support
ARDS representatives directly liaise with hospital executive bodies to improve our experiences and advocate for issues impacting RMOs.

02 Education
Supporting our doctors in training through lectures and revision programs, GSSE study intensives and speciality-themed training series.

03 Social Celebration
Bringing together all Alfred RMOs for frequent gatherings at local venues, as well as lunches for everyone to enjoy.

ABOUT US
The Alfred Resident Doctors' Society (ARDS) is the representative body for junior medical staff at Alfred Health. ARDS is a society of volunteer JMOs and Registrars that aim to create an enjoyable and safe workplace for our members by advocating on behalf of our members and running both educational and social events.

STAY UP TO DATE

ARDS Facebook
facebook.com/alfredRMO

ARDS Doctors Group
facebook.com/groups/610050306040145

ARDS Surgical Interest Group
facebook.com/groups/2733251266788399

ARDS Instagram
instagram.com/ards.alfred

JOIN US
\$65.00 per quarter
ards.wildapricot.org/join

Get in touch:
ards.alfred@gmail.com

ABN 98 529 853 741
Registration A0109429M

More Information:
ards.wildapricot.org/join

Alfred Health Myths

- Won't get a job at Alfred Health if have not rotated here
- Won't get a job at Alfred Health if no Alfred Health reference
- Won't get a job if not a Monash University Student
- Won't get a job if you don't fit the Alfred Health Intern "mould"
- Won't get a job if from interstate or International Medical Graduate
- Only accessible to top 1% of Medical Students
- Large hospital means less support
- You can't talk to the bosses
- You are simply a number in a million

FALSE

National Framework for Prevocational Medical Trainees (NFPMT)

- New in 2024, 2 year PGY 1 + PGY 2 program
- Rotations based on clinical experiences (e.g. Acute, Chronic, Undifferentiated, no longer ED/Med/Surg)
- Updated rotation aims and assessments
- New Entrustable Professional Activities (EPAs) and e-portfolio (delayed until 2026)

In summary, we are here to help with any changes and ensure you successfully complete your internship

Who should apply?

Anyone eligible with an interest in completing your internship with Alfred Health

The Intern Experience

- The Application Process

Dr Tori Dopheide

Current Alfred Health Intern



Application Tips

Before you apply:

- **Go to the information sessions**
- **Have a clear idea of why you're applying and what each hospital offers you**
- **Don't listen to all the rumours about what each hospital wants or who they take, apply where you want to go**

Applying:

- **Be specific about your unique experiences and transferable skills**
- **Utilise resources – universities, friends, family, online guides**
- **Be yourself!**

Application Tips

The interview:

- **Practice!! Record yourself, with friends, with family**
- **Have a structure you can rely on for the curveball questions but don't be rigid with this!**
- ***(Identify issue, Patient safety, gather information, hospital protocols, escalate, document, debrief/reflect)***
- **Take a deep breath! Smile! Avoid talking around the question!**

Why I Chose The Alfred

My rotations: Emergency, Gastroenterology, Burns, Orthopaedic, Trauma

What informed my choice:

- Ample opportunities for me to progress in line with my career goals
- Emphasis on career progression, education, mentoring
- Supportive workforce, friendly work culture (including overtime)
- Selection of rotations I was excited about
- Location – lifestyle was also important to me

Is it what I expected?

- Yes and no! – but in a good way

The Intern Experience

- Transition from Medical Student to Intern

Dr Siddarth Rele

Current Alfred Health Intern



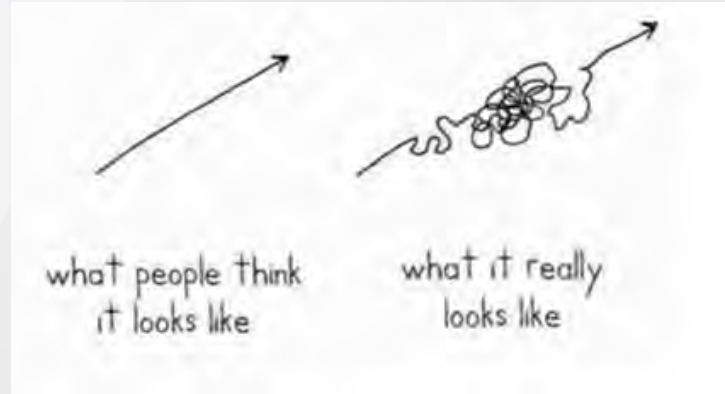
The FIRST day

- First time @ The Alfred
- YOU are in charge
- Learning local processes
- Upskill quickly



Managing the transition

- Put yourself out there
- Acknowledge the learning curve
- Ask questions often and early
- Attend teaching (formal/informal)
- Have fun!



My experience

- **Rotations:**
 - ED, Psychiatry (CATT), Orthopaedics, ACE (Caulfield), OGB
- **What is it like working @ The Alfred?**
 - Culture
 - Opportunities

Intern Health, Wellbeing & Junior Medical Staff Education

Dr Anna Korin

Supervisor of Training, Interns

Emergency Physician



theAlfred



Caulfield
HOSPITAL



Sandringham
HOSPITAL



MSHC
MELBOURNE SEXUAL HEALTH CENTRE

Introducing our team

Dr Tony Kambourakis - Director Medical Services (DMS)

A/Prof Laila Rotstein - Director Clinical Training (DCT)

Dr Melissa FitzGerald – Director Prevocational Medical Education (DPME)

Dr Anna Korin - Supervisor Intern Training (SIT)

Sarah Hill - Manager Learning & Development

Anthony Gibson - Medical Education Coordinator

Jack Sayer - Administrative Support

The Medical Education Team supports the learning, professional development and wellbeing of prevocational medical staff. We coordinate your orientation program, weekly education sessions and the provision of regular feedback from your supervisors.

Medical Education

Orientation Program

Intern Education Program

- Weekly
- Variety of topics relating to intern rotations/role

HMO Education Program

- Weekly
- Alternates between
 - General education topics
 - After hours series
 - Radiology series
 - Stream specific education
 - BPT1
 - Pre-SET
 - Critical Care



Medical Education

Clinical skills workshops and simulation

- Suturing Masterclass
- Communication Skills Workshop
- Anastomotic Workshop

Online learning modules

- Mandatory
- Recommended/General

Other educational opportunities

- Each unit has its own education program

Feedback

- Regular formal feedback from your supervisor
- Regular feedback from you
- Supervisors are well supported to best support you



Beyond Internship @ Alfred Health

- Career counselling
- Career Pathways/Progression
- Research opportunities
- Teaching opportunities



Career Pathways



.....wherever & whatever you end up doing,
we will be supportive

What you will find

A caring environment

- We take pride in our trainees & their achievements.
- We monitor rotations, workload & supports.

Wellbeing resources

- Internal & external support networks.

Internal supports

- Mentor program
- All interns are assigned a consultant mentor
- Supervisors in each unit
- SIT, DCT, DPME

What you will find

Wellbeing sessions

Zero tolerance of bullying and harassment

Have your say

- Anonymously lodge a workplace concern
- JMS Advisory Committee
- JMO Forum (PMCV)
- End of Rotation unit feedback survey

2025 Intern Year, Rotations & Pathways

Mrs Amy Murray Brooks

Operations Lead,

Medical Workforce



Introducing our team

Jon Oldham – Director Medical Workforce

Zoe Hume – Operations Manager

Medical Workforce (MWU) Rosters and Operations Specialists:

- Alissa Wade
- Amy Murray Brooks
- Helen Mantas (Sandringham Hospital)
- Natalie Fraraccio
- Samantha Moses

Responsibilities:

- General liaison and contact
- Allocations
- Leave
- Overtime
- Payroll
- Rostering

AlfredHealth



Positions

- 72 positions* available in 2025
- The Intern year is from 13/01/2025 – 11/01/2026
- Throughout your internship you will complete 5 rotations

Term	Start	Finish	No. of Weeks
Term 1	13/01/2025	23/03/2025	10
Term 2	24/03/2025	01/06/2025	10
Term 3	02/06/2025	10/08/2025	10
Term 4	11/08/2025	19/10/2025	10
Term 5	20/10/2025	11/01/2026	12

Rotations

- 30 rotations available*
- Rotations at The Alfred, Caulfield, Sandringham and Bethlehem Hospitals
- 88% of rotations based at The Alfred

Bethlehem - Palliative Care	General Surgery BES	Psychiatry - Ground Floor
Burns	General Surgery CRS	Psychiatry - Level 1
Cardiology	General Surgery HPB	Psychiatry - St Kilda Rd Clinic
Dermatology	General Surgery OGB	Radiology
ED - Annual Leave weeks 3 & 4	General Surgery Sandringham	Respiratory
Gastroenterology	Orthopaedics	Respiratory Transplant
General Medicine - ACE (Caulfield)	Psychiatry - ABI	Stroke/Neurology
General Medicine - Alfred	Psychiatry - Aged Care	Trauma
General Medicine - Sandringham	Psychiatry - Consultant Liaison	Urology
General Surgery AGSU	Psychiatry - Emergency (CAT)	Vascular

Allocation of rotations

- MWU construct a 72 line rotation matrix that incorporate the minimum internship requirements
- Terms are then grouped together based on career interests (including mixed lines)
- Interns rank each line from 1 – 72
- Allocations ranked on a 'best fits all' methodology
- Intern swaps are considered

	Term 1	Term 2	Term 3	Term 4	Term 5
Line number	15/01/2024-24/3/2024	25/03/2024-02/06/2024	03/06/2024-11/08/2024	12/08/2024-20/10/2024	21/10/2024-12/01/2025
1	Vascular	Respiratory	General Surgery Sandringham	General Medicine - Alfred	ED - Annual Leave weeks 7 & 8
2	ED - Annual Leave weeks 7 & 8	General Medicine - Sandringham	General Surgery CRS	Respiratory Transplant	Trauma
3	Orthopaedics	Respiratory Transplant	Psychiatry - After Hours (IPU)	ED - Annual Leave weeks 9 & 10	Stroke/Neurology
4	Respiratory Transplant	Stroke	General Surgery AGSU	ED - Annual Leave weeks 5 & 6	General Medicine - ACE (Caulfield)
5	Respiratory Transplant	Trauma	General Medicine - Alfred - Annual Leave weeks 3	Gastroenterology	General Surgery Sandringham
6	ED - Annual Leave weeks 7 & 8	General Medicine - Sandringham	General Surgery CRS	Respiratory Transplant	Trauma
8	General Medicine - Sandringham	ED - Annual Leave weeks 5 & 6	Orthopaedics	General Surgery AGSU	Psychiatry - Aged Care
9	Radiology	Orthopaedics	Psychiatry - St Kilda Rd Clinic	General Medicine - Alfred	ED - Annual Leave weeks 7 & 8
10	General Surgery CRS	Psychiatry - After Hours	ED - Annual Leave weeks 7 & 8	General Medicine - Sandringham	Gastroenterology
11	Respiratory	General Surgery OGB	Trauma	General Medicine - Alfred - Annual Leave weeks 9 & 10	Psychiatry - ABI
12	Cardiology	Psychiatry - Level 1	General Medicine - Alfred	ED - Annual Leave weeks 3 & 4	Orthopaedics
17	ED - Annual Leave weeks 5 & 6	General Medicine - Alfred	Psychiatry - Consultant Liaison	General Surgery HPB	Respiratory
18	General Surgery CRS	Gastroenterology	ED - Annual Leave weeks 5 & 6	Psychiatry - Level 1	Bethlehem - Palliative Care
19	Psychiatry - Level 1	General Medicine - ACE (Caulfield)	ED - Annual Leave weeks 5 & 6	Orthopaedics	Radiology
20	ED - Annual Leave weeks 9 & 10	Psychiatry - Ground Floor	General Medicine - ACE (Caulfield)	Vascular	Trauma
21	Psychiatry - Consultant Liaison	General Medicine - Alfred	ED - Annual Leave weeks 3 & 4	General Surgery Sandringham	Respiratory Transplant
22	General Surgery Sandringham	Psychiatry - St Kilda Rd Clinic	Trauma	General Medicine - Alfred	ED - Annual Leave weeks 5 & 6
23	General Surgery AGSU	Bethlehem - Palliative Care	General Medicine - Alfred	ED - Annual Leave weeks 3 & 4	Orthopaedics
24	Bethlehem - Palliative Care	General Surgery AGSU	Trauma	General Medicine - Alfred - Annual Leave weeks 3 & 4	ED - Annual Leave weeks 7 & 8

Progression of Training – PGY2+

PGY2 Critical Care (12 positions in 2024)	PGY2 Medical (40 positions in 2024)	PGY2 Surgical (28 positions in 2024)
Acquired Brain Injury (ABI) & Rehabilitation Anaesthetics Peri-Op Anaesthetics Cardiothoracic Surgery Emergency Department Intensive Care Unit Neurosurgery Trauma Surgery	Aged Care Acquired Brain Injury (ABI) & Rehab Cardiology Emergency Department Endocrinology Haematology Infectious Diseases Neurology Psychiatry Radiation Oncology Renal Respiratory	Acute General Surgery (AGSU) Burns Cardiothoracic Surgery Emergency Department ENT Faciomaxillary Surgery Neurosurgery Ophthalmology Orthopaedic Surgery Plastic Surgery Trauma Surgery Urology Vascular Surgery

*Rotations and positions available are subject to change

Progression of Training – PGY3+

<p>PGY3 Critical Care <i>(26 positions in 2024)</i></p> <p>Anaesthetics Emergency Department General Medicine Intensive Care Unit Trauma Surgery</p>	<p>BPT2 + BPT3 <i>(70 BPTs total in 2024)</i></p> <p>Aged Care Cardiology Gastroenterology General Medicine Unit Haematology Infectious Diseases Intensive Care Unit Medical Oncology Neurology Nights (Caulfield) Palliative Care Renal Respiratory Rheumatology</p> <p>External rotations in General Medicine</p>	<p>PGY3 Surgical + Unaccredited <i>(37 PGY3 + 14 unaccredited positions in 2024)</i></p> <p>Cardiothoracic Surgery Emergency Department ENT General Surgery: BES, CRS, HPB & OGB Intensive Care Unit Neurosurgery Orthopaedic Surgery Plastic Surgery Urology Vascular Surgery Trauma Surgery Urology Vascular Surgery</p> <p>External rotations in General Surgery & Orthopaedic Surgery</p>
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*Rotations and positions available are subject to change

Rosters

- No rostered night shifts
- Published four weeks prior to the commencement of each term on Microsoft Teams
- Email notification from MWU Roster and Operations Specialist with administrative orientation
- We accept roster requests

The screenshot shows a Microsoft Teams interface for a channel named 'HMO 2024'. The 'Files' tab is active, displaying a list of files. The breadcrumb path is 'HMO 2024 > Rotation 2 > Interns'. The file list has columns for Name, Modified, and Modified By. There are three files listed:

Name	Modified	Modified By
GMU Intern Rotation 2.xlsx	About an hour ago	Fraraccio, Natalie
Psychiatry Intern - Rotation 2.xlsx	6 days ago	Moses, Samantha
Radiology Intern Rotation 1.xlsx	February 23	Murray Brooks, Amy

Rosters

GMU/Stroke/Cardiology

- 7 on 7 off
- 1 in 2 weekends
- 76 hours per fortnight

Emergency Department

- Days and evenings
- 1 in 2 weekends
- 76 hours per fortnight

General Surgery

- Monday - Friday
- 1 in 5 weekend shift and on call
- Rotating evening shifts
- Rostered overtime

Radiology/Gastroenterology/Psychiatry

- Monday – Friday
- Weekend hospital on call commitment
- 76 hours per fortnight

Annual Leave

- Interns are allocated 5 weeks of annual leave per annum
 - 2 weeks within Alfred Emergency Department & Alfred General Medicine Terms (requested via allocations process)
 - 3 weeks either between the end of Intern year and commencement of HMO year or throughout the year



The Intern Experience

- A Day in the Life

Dr Georgia Riordan

Current Alfred Health Intern





My experiences to date

- ECMO
- Major trauma, including limb and chest trauma, penetrating trauma, MVA, HEMs retrieval patients.
- Lung transplant patients, including paediatric patients (only hospital in Australia!)
- Vascular pathologies, such as aortic dissection, aortic aneurysms
- Pleural taps
- Hickman catheter insertions / use for epoprostenol
- Multi-team involvement in critically unwell / complex patients
- Use of hi-flow oxygen therapy

Morning routine

Coffee!

Breakfast.

Blast the music on the way in to work.



At work:

Check the list – add any new patients who have come in overnight.

Check notes from night staff (including all nursing notes).

During the day

Morning rounds (0700 – 0830).

More coffee!

Paper round – flag any urgent jobs / calls / consults.

Journey board (ward).

Head back to the office.

Typical meetings (unit dependent)

Consultant ward round

Radiology meeting.

Unit meeting.

Unit specific services, ie. HRFS.

Dependent on rotation:

Theatre

Procedures

The Intern





Afternoon routine

Paper round

Update any lists / jobs

Check allied health notes

After work:

Running

Catch up with friends

Dinner

Medical Pathway

A/Prof Laila Rotstein OAM

Co-DPE - Bayside-Peninsula Consortium

Director of Clinical Training

Acknowledgement A/Prof Anne Powell, DPE



theAlfred



Caulfield
HOSPITAL



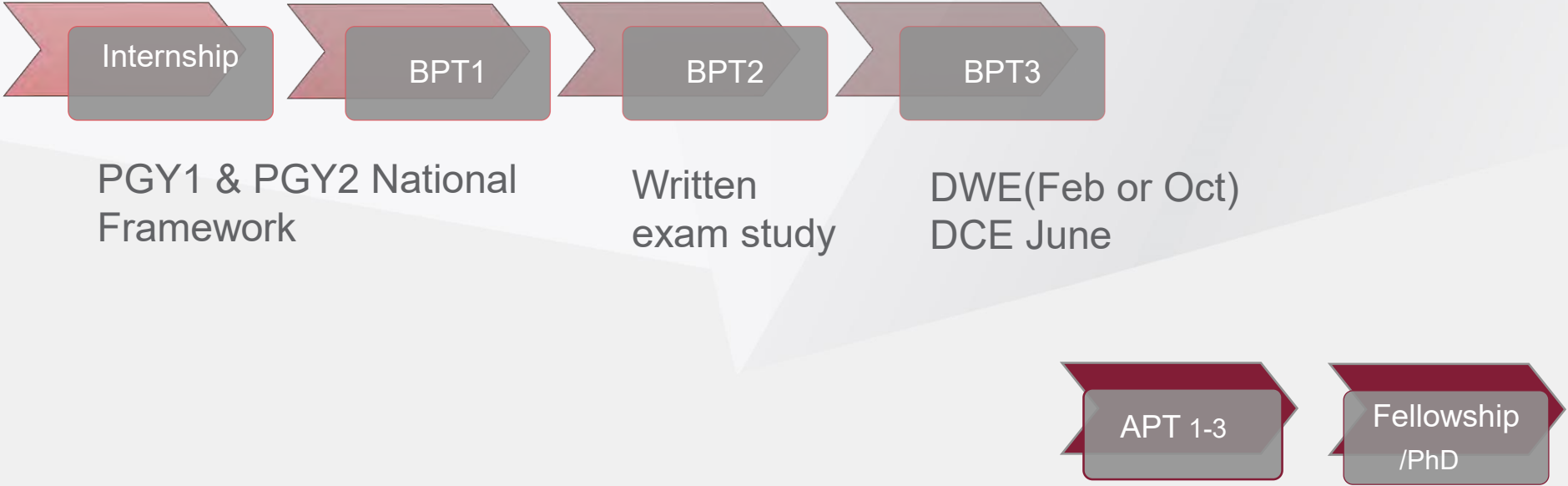
Sandringham
HOSPITAL



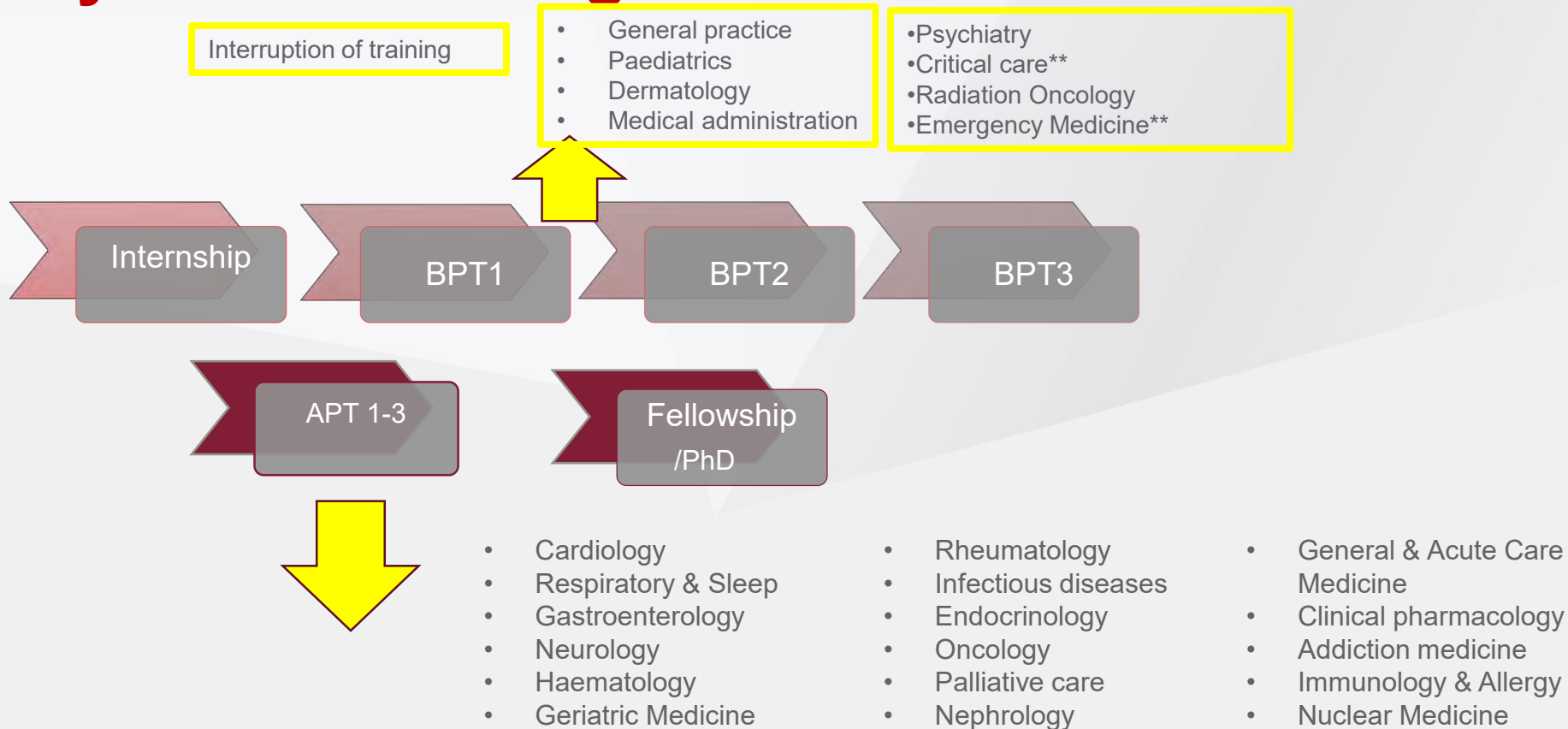
MSHC
MELBOURNE SEXUAL HEALTH CENTRE

Physician Training at Alfred Health

Overview



Physician Training at Alfred Health



Physician Training at Alfred Health

Training opportunities

General aspects

- Educational supervisor/mentor (linked to area of interest)
- Advanced life support course
- Research opportunities within area of interest
- Strong support with 1 DPE, 2 Deputy DPEs, consortium DPE, senior registrar, admin support

Physician Training at Alfred Health

BPT1

- Weekly education sessions
- Research training opportunities

BPT2

- Written examination preparation course and online modules
- Trial examination papers and feedback
- 2 weeks conference leave to attend written examination course

BPT3

- Wednesday afternoon **dedicated** paid training time
- Program of short and long cases including half day trial exam
- Consistently high pass mark in examination results
- Consistently high rates of success in obtaining desired APT training program in first year


theAlfred **Physician Education** HOME NEWS EDUCATION RESEARCH FACULTY CONTACT US

address at the next webinar.


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Mark as done


Introduction to the Short Case




Cardiology & Respiratory




Abdominal Exam




Rheumatology Exam




Neurology Exam



Additional Short Cases




theAlfred MONASH University MONASH CENTRAL CLINICAL SCHOOL




<https://www.consortiumbp.org.au/moodle/course/view.php?id=65>

- > Written Exam Resources
- > Trial Exam feedback
- > Cardiology
- > Respiratory
- > Neurology & Neuroanatomy
- > Renal
- > Clinical Pharmacology
- > Genetics
- > Immunology
- > Statistics
- > Haematology
- > Rheumatology
- > Endocrinology
- > Medical Oncology
- > Gastroenterology
- > Infectious Diseases
- > Geriatrics
- > Dermatology


Written Exam Resources




Trial Exam feedback




Cardiology




Respiratory




Neurology & Neuroanatomy




Renal




Clinical Pharmacology




Genetics




Immunology




Statistics



Haematology



Rheumatology



Endocrinology
Medical Oncology
Gastroenterology

AlfredHealth

Critical Care Pathway

Dr Eleanor Junckerstorff

Deputy Director, Education and Workforce

(Emergency Medicine)

Emergency Physician



theAlfred



Caulfield
HOSPITAL



Sandringham
HOSPITAL



MSHC
MELBOURNE SEXUAL HEALTH CENTRE

Critical Care Pathway

What is Critical Care?

- **Anaesthesiology**
- **Emergency Medicine**
- **Intensive Care**



Prevocational Years

Intern Year and Beyond

- **Gather Experience and Exposure**
- **Ongoing Formal Education**
- **Gather References**
- **Build Relationships**
- **Expand your interests**
- **Supportive and collegiate environment as you transition from medical student to doctor**



Critical Care Pathway at Alfred Health

- **Alfred Emergency Department- unique and complex adult patient cohort, Sandringham Emergency Department- paediatrics and O+G experience. Same consultants working across both with high research output and extensive global health engagement.**
- **Intensive Care Unit- State of the Art ICU, world leaders in many fields, Victorian ECMO service.**
- **Huge Anaesthetics Department supporting our ED, ICU, Trauma and Surgical Specialty Units.**
- **Amazing Opportunities to see and care for patients you will not see anywhere else (with world experts in many fields leading, teaching and supporting you)**

Critical Care Pathways at Alfred Health

Opportunities @Alfred Health- PGY2 Critical Care Year

- Anaesthetics
- ICU
- ED
- Trauma
- Cardiothoracics
- Neurosurgery
- Relieving



Critical Care Pathways at Alfred Health

Opportunities @Alfred Health- PGY3 Critical Care Year

- Anaesthetics
- ICU
- ED
- General Medicine
- Trauma
- Relieving



Critical Care Pathways at Alfred Health

What we are proud of:

- We deliver exceptional patient care
- We are a team
- We have strong relationships between critical care disciplines
- We remember what it was like to be a junior doctor
- We are invested in your professional development and wellbeing
- Supported by our leaders and **AMAZING MWU**



Psychiatry Pathway

Dr Anna Cunningham

Principal Psychiatry Registrar

Alfred Mental and Addiction Health (AMAH)



Psychiatry Pathway

My journey

Prevocational training opportunities in psychiatry

Psychiatry training at Alfred Health/ AMAH

FRACGP, FARGP RANZCP trainee, Addictions Certificate



Chief Executive Officer
Chief Operating Officer

Program Director, AMAH
Director of Operations, AMAH/ DON

Hospital & Emergency

Director

Deputy
Director,
Operations

1. Consultation Liaison & Emergency

- Psychiatry CL
- Emergency Psychiatry
- Triage
- CATT/Pacer
- HOPE

2. Adult IPU

- First Floor
- Ground Floor
- APICCS
- ECT

3. Addiction Health

- Addiction CL
- Southcity Clinic
- Gambling Minds

Adult & Older Adult

Director

Deputy
Director,
Operations

1. Adult Community

- Navigations & Brief Intervention
- CMHT (CCT)
- Physical Health Hub
- Forensic & Family Violence

2. Adult Rehabilitation & Recovery

- CCU, PARC, SECU
- HOPS, MST

3. Older Adult Services

- MAPS
- Aged IPU & ECT
- Caulfield Hospital CL

4. Wellbeing & Therapeutic Services

- Psychological Trauma Service
- Family Services
- EIPSR
- NDIS Support
- FaPMI

Infant, Child, Youth & headspace

Director

Deputy
Director,
Operations

1. Infant, Child & Youth

- Access/ HOPE team
- Infant & Child Team
- Sector teams
- Neurodevelopmental Stream: MHIDI-Y & DAMP
- Early Intervention Mobile Outreach Support (EIMOS)
- Youth Forensic Support Service (YFSS)

2. headspace headspace Primary

- Elsternwick
- Syndal

headspace Early Psychosis

- Bentleigh
- Narre Warren/ Dandenong
- Frankston

Statewide

Director

Manager,
Operations

1. Women's Mental Health

2. Residential Eating Disorders

3. Lived/Living Experience Residential Service

Discipline & Support

Director,
Consumer LLEW

Director,
Carer LLEW

Deputy Director, Nursing

Deputy Director,
Allied Health

Director,
Psychology

Director, Postgraduate
Psychiatry Training

Director & Manager,
Quality Improvement &
Safety

Manager,
Strategy & Planning

Manager, Workforce
Development &
Education

Manager, Performance &
Planning

Psychiatry Pathway

STAGE	YEAR	WHAT HAPPENS
STAGE 1	1	Adult IPU Adult community
STAGE 2	2 3	CYMHS CLE 2 others
STAGE 3 (AT)	4 5 +6	Choose your own adventure Default: general adult psychiatry, unless you choose an AT certificate

Surgical Pathway

Mr Andrew Packiyanathan

*Supervisor of Prevocational Surgical Training
Surgical Services*



Newsweek 2024



Health Services Daily

The top 10 Australian hospitals were:

1. Royal Prince Alfred (56th; +10 on 2023)
2. The Alfred (97th; +1)
3. Royal Melbourne (102nd; +86)
4. Royal North Shore (134th; +16)
5. St Vincent's, Fitzroy (189th; +19)
6. Royal Brisbane and Women's (201st; +6)
7. Westmead Hospital
8. Austin Hospital, Heidelberg
9. Gold Coast University (was in the top 250 in 2023)
10. Princess Alexandra

- Melbourne has better coffee than Sydney (and culture and sports and cuisine)
- The Alfred has a small hospital feel and people get to know you by name

Embrace the Lifestyle

- ***Junior Drs are well supported***
 - Being thrown in the deep end may sound heroic but it's not fun
- ***No nights*** as an intern
- ***No rural or regional rotations***, Sandringham is as far as you'll go and that's near the beach
- **Inner city lifestyle**
 - Cafes / Restaurants / Pubs
 - Sporting events
 - Easy access to the city on Friday nights



On a Serious Note

- **“CAN DO”** attitude
- **Full complement of surgical specialties** that offers great exposure for junior staff
- **“No one dies at Alfred”**; thanks to our **ECMO service!**
 - Trauma
 - Burns
 - Hyperbaric
 - Cardiac Transplant
 - Bariatric and Metabolic Surgery
 - ICU (largest in the state)



Our Vision and Our Culture

- *History of excellence in surgical education and training*
- We are committed to delivering the *best prevocational surgical training program in the state*
- Our trainees consistently enter RACS training programs

1. Supervision <ul style="list-style-type: none">• Appropriate supervisor• Listening to assessments• Orientation- unit checklist (pilot)	3. Professional development <ul style="list-style-type: none">• Research• CV building• Career counselling
2. Education <ul style="list-style-type: none">• Tuesday Attendance 12.00-1.00pm• Unit specific tutorials• Theatre time	4. Wellbeing <ul style="list-style-type: none">• Mentor Program – registrars / consultant

Our Vision and Our Culture

- *Our consultants have been juniors at the Alfred*
- We aim to retain our residents (when selected into RACS training programs)
- *We strive to look after and retain our Drs!*



The Application Process

Miss Amy Tran
*Recruitment Specialist,
Medical Workforce*



Introducing our Recruitment team

Junior Medical Staff	Senior Medical Staff
Fatima El Souki, Recruitment and Workforce Services Manager	
Amy Tran, Recruitment Specialist	Samantha Thomas, Recruitment Lead
Natasha Filippone, Recruitment Specialist	Vanessa Artale, Recruitment Administrator
Emily Lam, Recruitment Administrator	

The Medical Workforce Recruitment Team manages all the administrative aspects of medical staff appointments including recruitment and on-boarding, employment contract, credentialing and coordination of visa sponsorship and AHPRA application of international medical staff.

Key Changes

- **Alfred Health will not be requesting supplementary interviews this year.**
- **Removal of PMCV Priority Groups, allocation will be made via eligibility category.**
- **Candidates will be able to preference up to ten health services.**
- **Please ensure you read the PMCV's Intern Match Rules/Candidate Guide for further details.**

The Application Process

You must apply to both PMCV and Alfred Health via our careers website, using one of the following categories that applies to you.

Eligibility Category	Eligibility Criteria
Category 1	Australian citizens or permanent residents and New Zealand citizens graduating from a Victorian University including CSP and domestic full fee-paying students.
Category 2	Australian Temporary Residents graduating from a Victorian University.
Category 3	Australian citizens or permanent residents and New Zealand citizens graduating from an interstate University who completed their year 12 schooling in Victoria.
Category 4	Australian citizens or permanent residents and New Zealand citizens graduating from an interstate University.
Category 5	Australian temporary residents graduating from an interstate University.
Category 6	New Zealand temporary residents graduating from a New Zealand University.
Category 7	Graduates from an overseas campus of an Australian/New Zealand University accredited by the Australian Medical Council (i.e. Monash University, Malaysia or Ochsner).

Key Dates

6 Jun 2024	Applications close at 5pm AEST
7 - 9 Jun 2024	PMCV video interviews
17 Jul 2024	First offer period commences
15 Aug 2024	Second offer period commences
19 Sep 2024	Third (final) offer period commences
13 Jan 2025	Start date for 2025 Intern Year

Our Online Application

Hi Susan, to apply please complete these steps

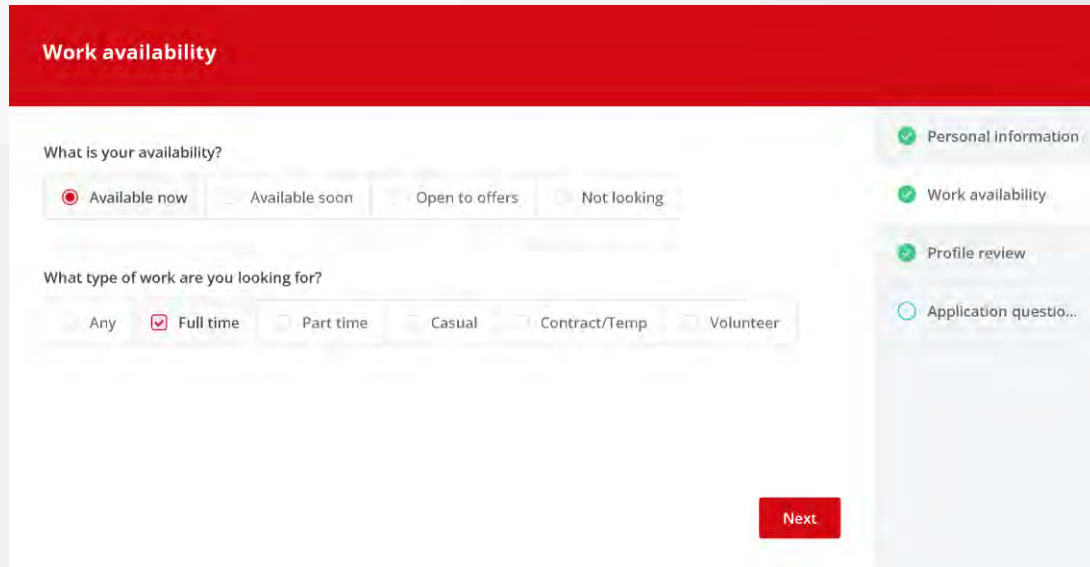
- Application documents**
 - Attach your resume (required) [Upload](#)
 - Attach your cover letter (optional) [Write it or upload >](#)
- Personal information** [Edit](#)
- Work availability** [Edit](#)
- Profile review** [Edit](#)
- Application questions** [Edit](#)

To submit, please make sure all sections are ticked

[Submit application](#)

Our Online Application

- **Personal information** - Standard questions about you.
- **Work availability** - Select any response to these questions and proceed, as this information is not used as part of the selection process.



The screenshot shows a web form titled "Work availability" with a red header. It contains two sections of radio button options. The first section, "What is your availability?", has four options: "Available now" (selected), "Available soon", "Open to offers", and "Not looking". The second section, "What type of work are you looking for?", has five options: "Any", "Full time" (selected), "Part time", "Casual", "Contract/Temp", and "Volunteer". On the right side, there is a vertical progress indicator with four items: "Personal information" (checked), "Work availability" (checked), "Profile review" (checked), and "Application question..." (unchecked). A red "Next" button is located at the bottom right of the form area.

Our Online Application

- **Profile review** – You are **not required** to provide a career summary in this section.

Profile review

Your work history has been pre-filled from your resume. Please review and update.

Career summary

A career summary is a great way to quickly introduce yourself to employers.

[Add Summary](#)

[Next](#)

- Personal information
- Work availability
- Profile review
- Application questio...

Our Online Application

- **Application questions** - you **must** respond to all questions in this section, particularly the questions pictured below. Your response under 'Career Questions' segment will be used in lieu of a cover letter.

The screenshot displays a web application interface. At the top, a red banner reads "Application questions". Below this, the "Application Questions" section contains a text block about vaccination requirements and a radio button for "Agree". To the right, a progress indicator shows "Personal information", "Work availability", "Profile review", and "Application questions" (highlighted). The "Career Questions" section includes a text area for reasons for applying and a dropdown menu for career development direction.

Application questions

Application Questions

All Alfred Health employees are required to be vaccinated against COVID-19 and Influenza with a TGA approved vaccine and must provide evidence of their vaccination status. This is in accordance with the Victorian Minister of Health's Mandatory Vaccination Orders for COVID-19 and legislated requirement for influenza vaccination. *

Agree

Computer Match Eligibility

Are you eligible for the PMCV Computer Match? *

No Yes

If yes, please enter your PMCV candidate match number? (mandatory field)* *

123456

Please identify your PMCV eligibility category *

Category 1

Career Questions

Please let us know your reasons for applying to the Alfred, what you can offer and linking the relevant skills and experience on your resume to the job requirements (3000 characters or less). Please answer in the field below only, do not attach any other documents in relation to this question as this is used in lieu of a cover letter. *

In which direction do you currently see your career developing? (to help us plan rotations) *

Select

The Interview Process

- All applicants will need to complete a PMCV APS video interview from **7th – 9th June 2024**.
- Please visit the PMCV website for further instructions and details regarding these interviews.
- **Alfred Health will not be requesting supplementary interviews this year.**

The Selection Process

Each of the elements below assist us in shortlisting your application:

- Alfred Health Online Application - refer to key tips
- CV
- PMCV APS Video Interview
- Reference reports

Referees:

- Can be a Consultant, Clinical Dean or Post Grad Year 4+ (Registrar)

We look for individuals who:

- Are committed to a high level of care for our patients and community
- Work collaboratively with patients and colleagues
- Demonstrate academic, clinical and personal traits that Alfred Health would see as desirable in a potential employee/trainee
- Aspire to have a future career at Alfred Health

Key Tips

For your application:

- Please ensure you include:
 - Paid and/or voluntary work experience
 - Extra-curricular activities
 - Certificates and/or scholarships
 - Awards or prizes
 - Publications
 - Other degrees/qualifications
 - Clubs or associations



Ensure your PMCV and Alfred Health applications are submitted no later than **06 June 2024 5pm AEST.**

We look forward to receiving your application!

Key Tips

For your interview:

- Be well presented for your interview.
- Sit in a quiet, well lit room with no distractions.
- Try and look into the camera or at the screen rather than around the room or at your notes.
- Use the **STAR** model for your responses.
 - **Situation:** be specific, use real life examples, past experiences that are relevant
 - **Task:** refer to your specific role/responsibility, expand on barriers and challenges
 - **Action:** discuss how you made a positive impact
 - **Result:** what was the outcome, what were the benefits, your reflections and what you learnt
- Speak confidently, have some different scenarios prepared.
- Record and time yourself attempting some practice interview questions.
- Practice, practice, practice!

Frequently Asked Questions

Who do I address my cover letter to?

This is not required to be attached separately as you will be asked to provide it in your application form under 'Career Questions'. However, you can address it to 'Medical Workforce Recruitment Team'.

How many positions are available to PMCV Eligibility Category 2 – 7 candidates?

The numbers are dependent on the Category 1 match allocations. PMCV will conduct further offer periods as per the key dates which can be found on the PMCV website.

Are part-time positions available?

Yes, there are flexible working arrangements and PMCV have guidelines around this.

Does Alfred Health use the PMCV APS top 3, 5 or 7 filters?

We check the filters, however, they are a very small contributing factor to our selection and shortlisting process.

Join us at Alfred Health

Voted #1 Hospital in Victoria, #2 Hospital nation-wide and top 100 Hospital world-wide



*Thank you for your time and
we wish you all the best with your
application!*

