

Outside of School Hours Care (OSHC)

AlfredHealth

CCHS Health Promotion Team Support

Our Health Promotion Team can support you to use a whole-service approach to:

- Identify and align your health and wellbeing priorities and strategies to the National Quality Standards and Quality Improvement Plans
- Review or create health and wellbeing policies and procedures
- Develop community engagement plans
- **Menu Support**
 - ✓ Support you to apply the Health Eating Advisory Services (HEAS) guidelines to your OSHC service.
 - ✓ Assist you to make nutritious, sustainable menu changes that align with the National Quality Standards and the Australian Dietary Guidelines.

Find out how we can support your service or school by contacting us on:

(03) 9076 6666 or cchs.healthpromotion@alfred.org.au

