

Alfred Sandringham Caulfield

Unit:.....

BOWEL DIARY

UR

Last name

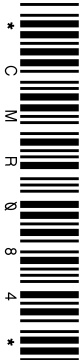
First name/s

Address







Date of birth

Sex at birth

Female Male Other



Date	Time	How urgent was the need to empty? 0 = no urge 1 = very weak 2 = weak 3 = normal 4 = strong 5 = very strong	Describe any bowel action you pass in the toilet		Describe any leakage, accident, or soiling		Comments e.g. Did you strain to empty the bowels? What were you doing when stools leaked? Did you take any laxative?
			Stool type Choose a number from the stool chart below 1, 2, 3, 4, 5, 6, 7, Nil	Amount 0 = none 1 = smear 2 = teaspoon 3 = medium 4 = large 5 = complete action	Stool type Choose a number from the stool chart below 1, 2, 3, 4, 5, 6, 7, Nil	Amount 0 = none 1 = smear 2 = teaspoon 3 = medium 4 = large 5 = complete action	
<i>Example</i> 23/01/24	9am	3	4	5	6	2	<i>I did not know I leaked</i>

Bristol Stool Form Scale Reference: Lewis, S., & Heaton, K. (1997). Stool Form Scale as a Useful Guide to Intestinal Transit Time. doi.org/10.3109/00365529709011203	Type 1  Separate hard lumps, like nuts	Type 2  Sausage shape, but lumpy	Type 3  Like a sausage or snake but with cracks on its surface
	Type 4  Like a sausage or snake, smooth and soft	Type 5  Soft blobs with clear-cut edges	Type 6  Fluffy pieces with ragged edges, a mushy stool

Alfred Sandringham Caulfield

Unit:.....

BOWEL DIARY

UR







Last name

First name/s

Address

Date of birth Sex at birth Female Male Other

Date	Time	How urgent was the need to empty? 0 = no urge 1 = very weak 2 = weak 3 = normal 4 = strong 5 = very strong	Describe any bowel action you pass in the toilet		Describe any leakage, accident, or soiling		Comments e.g. Did you strain to empty the bowels? What were you doing when stools leaked? Did you take any laxative?
			Stool type Choose a number from the stool chart below 1, 2, 3, 4, 5, 6, 7, Nil	Amount 0 = none 1 = smear 2 = teaspoon 3 = medium 4 = large 5 = complete action	Stool type Choose a number from the stool chart below 1, 2, 3, 4, 5, 6, 7, Nil	Amount 0 = none 1 = smear 2 = teaspoon 3 = medium 4 = large 5 = complete action	
<i>Example</i> 23/01/24	9am	3	4	5	6	2	<i>I did not know I leaked</i>

Bristol Stool Form Scale <small>Reference: Lewis, S., & Heaton, K. (1997). Stool Form Scale as a Useful Guide to Intestinal Transit Time. doi.org/10.3109/00365529709011203</small>	Type 1  Separate hard lumps, like nuts	Type 2  Sausage shape, but lumpy	Type 3  Like a sausage or snake but with cracks on its surface
	Type 4  Like a sausage or snake, smooth and soft	Type 5  Soft blobs with clear-cut edges	Type 6  Fluffy pieces with ragged edges, a mushy stool